

# St. Mary's College (Autonomous) Thoothukudi

Re-accredited with A+ Grade by NAAC-4<sup>th</sup> cycle (Affiliated to Manonmaniam Sundaranar University)

## CENTRE FOR SERVICE EXCELLENCE

#### **RED RIBBON CLUB**

**Report for 2023-2024** 

**Event 1: AIDS Awareness Program** 

Date: July 31, 2023 Venue: Star Hall

Beneficiaries: 280 Students

**Report:** An AIDS awareness program was held to educate students on HIV/AIDS, its modes of transmission, preventive measures, and the importance of compassion towards those affected. Mrs. Uma, Counsellor, District TB Center, Thoothukudi Mrs. Banumathi Natchiyar Pudukottai Primary Health Centre, were the resource persons. The session included informative presentations and discussions on reducing stigma associated with HIV. Students actively participated and expressed their support for building an inclusive and empathetic community. This event contributed significantly to promoting understanding and awareness of HIV/AIDS among the attendees.





### **Event 2: Participation in District-Level 5 Km Red Run Marathon**

Date: September 5, 2023

Venue: Tharuvai Grounds, Thoothukudi

**Beneficiaries:** 20 Students

**Report:** Twenty students participated in the district-level 5 Km Red Run Marathon, an event aimed at promoting health, fitness, and HIV/AIDS awareness. The marathon drew attention to the ongoing need for community support and preventive measures against HIV. Participating students displayed great enthusiasm, using this platform to advocate for public health awareness. Muthu Lakshmi I B.Com awarded III Runner up and she got cash prize Rs 7000. Other students got participation certificate. She also participated in the National level Red Run Marathon in Chennai and got National level participation Certificate. This event was a unique opportunity for students to engage in a community activity focused on health and social responsibility.



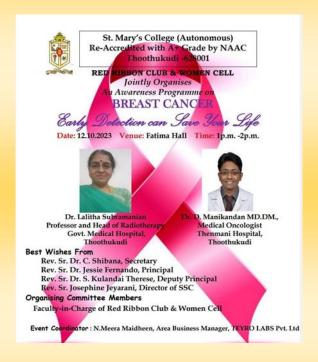


## **Event 3: Awareness Program on Breast Cancer**

Date: October 12, 2023 Venue: Fatima Hall

Beneficiaries: 200 Students

**Report:** This breast cancer awareness program was organized to educate students on the importance of early detection and self-examination for breast cancer. Dr. Lalitha Subramanian, Professor and Head of Radiotherapy, , Govt Medical Hospital, Thoothukudi, and Dr. D.Manikandan M.D. D.M., Medical Oncologist Thenmozhi Hospital Thoothukudi were the resource persons. The session covered risk factors, symptoms, and preventive measures, emphasizing regular screenings. Medical professionals shared valuable insights and encouraged students to spread awareness in their communities. This program empowered students with knowledge about breast cancer and the critical role of early detection in saving lives.





## **Event 4: World AIDS Day Observance**

Date: December 4, 2023 Venue: Conference Hall Beneficiaries: 200 Students

**Report:** In observance of World AIDS Day, a special program was conducted to reinforce awareness and promote an inclusive attitude toward individuals living with HIV. Dr.D. Manikandan M.D. D.M., Medical Oncologist Thenmozhi Hospital Thoothukudi was the resource person. The event included discussions on recent advancements in HIV treatment, global efforts to reduce HIV transmission, and the importance of social support for affected individuals. Students were encouraged to be advocates for HIV prevention and to support people living with HIV in their communities. This observance fostered a sense of responsibility and compassion among students.

