



St. Mary's College (Autonomous) Thoothukudi

Re-accredited with A+ Grade by NAAC-4th cycle
(Affiliated to Manonmaniam Sundaranar University)

CENTRE FOR SERVICE EXCELLENCE

RED RIBBON CLUB

Report for 2023-2024

Event 1: AIDS Awareness Program

Date: July 31, 2023

Venue: Star Hall

Beneficiaries: 280 Students

Report: An AIDS awareness program was held to educate students on HIV/AIDS, its modes of transmission, preventive measures, and the importance of compassion towards those affected. Mrs. Uma, Counsellor, District TB Center, Thoothukudi Mrs. Banumathi Natchiyar Pudukottai Primary Health Centre, were the resource persons. The session included informative presentations and discussions on reducing stigma associated with HIV. Students actively participated and expressed their support for building an inclusive and empathetic community. This event contributed significantly to promoting understanding and awareness of HIV/AIDS among the attendees.

ST. MARY'S COLLEGE (Autonomous)
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Thoothukudi, TamilNadu

Red Ribbon Club
Organizes a meeting on
"Awareness on TB, HIV, STI & ART"
Resource Persons

Mrs. R. Uma
Counsellor,
District TB Center,
Tuticorin

Mrs. Savithiri
Counsellor,
ART Center,
Tuticorin

Date: 31.07.2023
Time: 1.10 p.m. - 2.00 p.m.
Venue: Star Hall

Best Wishes from
Rev. Sr. Dr. C. Shibana,
Secretary
Rev. Sr. Dr. Jessie Fernando,
Principal
Rev. Sr. Dr. Kulandai Therese,
Deputy Principal
Rev. Sr. Josephine Jeyarani,
Director, SSC

Organising Committee
Dr. S.R.T. Sherly Cross
Dr. S. Bulomine Regi
Mrs. M. Reeda Albin Mary



Event 2: Participation in District-Level 5 Km Red Run Marathon

Date: September 5, 2023

Venue: Tharuvai Grounds, Thoothukudi

Beneficiaries: 20 Students

Report: Twenty students participated in the district-level 5 Km Red Run Marathon, an event aimed at promoting health, fitness, and HIV/AIDS awareness. The marathon drew attention to the ongoing need for community support and preventive measures against HIV. Participating students displayed great enthusiasm, using this platform to advocate for public health awareness. Muthu Lakshmi I B.Com awarded III Runner up and she got cash prize Rs 7000. Other students got participation certificate. She also participated in the National level Red Run Marathon in Chennai and got National level participation Certificate. This event was a unique opportunity for students to engage in a community activity focused on health and social responsibility.



Event 3: Awareness Program on Breast Cancer

Date: October 12, 2023

Venue: Fatima Hall


Beneficiaries: 200 Students

Report: This breast cancer awareness program was organized to educate students on the importance of early detection and self-examination for breast cancer. Dr. Lalitha Subramanian, Professor and Head of Radiotherapy, Govt Medical Hospital, Thoothukudi, and Dr. D.Manikandan M.D. D.M., Medical Oncologist Thenmozhi Hospital Thoothukudi were the resource persons. The session covered risk factors, symptoms, and preventive measures, emphasizing regular screenings. Medical professionals shared valuable insights and encouraged students to spread awareness in their communities. This program empowered students with knowledge about breast cancer and the critical role of early detection in saving lives.


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 Thoothukudi - 628001

RED RIBBON CLUB & WOMEN CELL
 Jointly Organises
 An Awareness Programme on
BREAST CANCER

Early Detection can Save Your Life
 Date: 12.10.2023 Venue: Fatima Hall Time: 1p.m. -2p.m.



Dr. Lalitha Subramanian
 Professor and Head of Radiotherapy
 Govt. Medical Hospital,
 Thoothukudi



Dr. D. Manikandan MD.DM.,
 Medical Oncologist
 Thenmani Hospital,
 Thoothukudi

Best Wishes From
 Rev. Sr. Dr. C. Shibana, Secretary
 Rev. Sr. Dr. Jessie Fernando, Principal
 Rev. Sr. Dr. S. Kulandai Therese, Deputy Principal
 Rev. Sr. Josephine Jeyarani, Director of SSC

Organising Committee Members
 Faculty-in-Charge of Red Ribbon Club & Women Cell

Event Coordinator : N.Meera Maidheen, Area Business Manager, TEYRO LABS Pvt. Ltd



Event 4: World AIDS Day Observance

Date: December 4, 2023

Venue: Conference Hall

Beneficiaries: 200 Students

Report: In observance of World AIDS Day, a special program was conducted to reinforce awareness and promote an inclusive attitude toward individuals living with HIV. Dr.D. Manikandan M.D. D.M., Medical Oncologist Thenmozhi Hospital Thoothukudi was the resource person. The event included discussions on recent advancements in HIV treatment, global efforts to reduce HIV transmission, and the importance of social support for affected individuals. Students were encouraged to be advocates for HIV prevention and to support people living with HIV in their communities. This observance fostered a sense of responsibility and compassion among students.

